# YOUTH CLASS SCHEDULE September 2024



#Drop-In. No Commitment or Fee. Registration Required Each Week.

\*Classes Begin Week of 9/23. Registration Fee Required for 10-week Session. No Refunds.

MON	TUE	WED	THURS	FRI	SAT	SUN
#AMERICAN	*ITALIAN	#ZUMBA KIDS	#SPORTS	*TINY HOOPS	#SPORTS	*ARTS &
SIGN LANGUAGE	LITTLE	Ages 4-6	FITNESS & FUN	Ages 4-6	FITNESS & FUN	CRAFTS
(ASL)	LEARNERS	3-3:45PM	Ages 6-8	3-3:45PM	Ages 6-8	Ages 3-4
Ages 6-8	Ages 3-4	Michelle	4-4:50PM	Thomas	9:45-10:35AM	10-11AM
3:30-4:20PM	3:30-4:15PM	(CLASSROOM 2)	Brandon	(GYMNASIUM)	Brandon	Ms. Vickie
Alina	Rosalie		(GYMNASIUM)		(CLASSROOM 2)	(CLASSROOM 1)
(4TH FLOOR)	(CLASSROOM 1)					
#AMERICAN	*ITALIAN	#YOGA	#SPORTS	*ARTS &	#SPORTS	*ARTS &
SIGN LANGUAGE	LITTLE	Ages 6-8	FITNESS & FUN	CRAFTS	FITNESS & FUN	CRAFTS
(ASL)	LEARNERS	4-4:45PM	Ages 9-13	Ages 4-6	Ages 9-13	Ages 5-9
Ages 9-13	Ages 4-5	Marja	5-5:50PM	3-4PM	10:45-11:35AM	11:15-12:15 P M
3:30-4:20PM	4:30-5:15PM	(CLASSROOM 2)	Brandon	Ms. Vickie	Brandon	Ms. Vickie
Alina	Rosalie		(GYMNASIUM)	(CLASSROOM 1)	(CLASSROOM 2)	(CLASSROOM 1)
(4TH FLOOR)	(CLASSROOM 1)					
*TAEKWONDO	*COOKING	#YOGA		*ARTS &	#BALLROOM	*DRAMA &
Ages 4-6	Ages 5-7	Ages 9-13		CRAFTS	DANCE	DANCE
4:45-5:35PM	3:30-4:30PM	5-5:45PM		Ages 7-9	Ages 4-7	Ages 8-13
Vincent	Margarita	Marja		4:15-5:15PM	12-12:50PM	12:30-2PM
(MP ROOM)	(MP ROOM)	(CLASSROOM 2)		Ms. Vickie	Eugene	Tom/Jaime
				(CLASSROOM 1)	(CLASSROOM 2)	(CLASSROOM 2)
*TAEKWONDO	*COOKING	*ITALIAN		*ARTS &	#BALLROOM	
Ages 7-9	Ages 8-12	LANGUAGE		CRAFTS	DANCE	
5:45-6:35PM	4:45-5:45PM	Ages 6-12		Ages 10-15	Ages 8-12	
Vincent	Margarita	4-5PM		5:30-6;30PM	1-1:50PM	
(MP ROOM)	(MP ROOM)	Emilia		Ms. Vickie	Eugene	
		(CLASSROOM 1)		(CLASSROOM 1)	(CLASSROOM 2)	
*CHESS & STEM	#PICKLEBALL					
Ages 8-10	OPEN COURT					
4:30-5:20PM	Ages 7-9					
Mr. Moy	3:15-4:15PM					
(CLASSROOM 1)	CINDY/SHAWN					
	(GYMNASIUM)					
*CHESS & STEM	#PICKLEBALL					
Ages 10-15	OPEN COURT					
5:30-6:20PM	Ages 10-15					
Mr. Moy	4:30-5:30PM					
(CLASSROOM 1)	CINDY/SHAWN					
	(GYMNASIUM)					

For descriptions, levels, and to register for all classes, download our mobile app.

Registration link opens one week prior to each class.



SIGN UP IN OUR APP!







# **CLASS DESCRIPTIONS**

#### AMERICAN SIGN LANGUAGE

Students will be introduced to the fundamentals of American Sign Language (ASL). Class will take place in the 4th Floor Conference Room.

#### **ARTS & CRAFTS**

Dive into creativity with hands-on projects that explore various art techniques. Kids will enjoy making colorful crafts, experimenting with materials, and developing their artistic skills in a fun and imaginative setting.

## **BALLROOM DANCE**

This class cater to everyone, from beginners to experienced dancers. All ballet classes for kids focus on creativity and expression, helping them discover their passion for dance.

## **CHESS & STEAM**

Introduce your child to the strategic world of chess! Our classes focus on teaching the fundamentals of chess, enhancing problem-solving skills, and encouraging critical thinking in a fun, engaging environment.

#### COOKING

Kids explore different cultures, develop fine motor skills, and expand their culinary knowledge through hands-on cooking activities.

# **DRAMA & DANCE**

Kids dive into the world of performing arts through imaginative drama exercises and energetic dance routines. It's a fun way to build confidence, express themselves, and develop teamwork skills while enjoying the excitement of the stage and dance floor!

# **ITALIAN LANGUAGE**

Discover the beauty of the Italian language with our engaging Italian language classes for kids! Through interactive lessons and fun activities, children will learn to speak, read, and write in Italian while exploring Italian culture. It's a great way to introduce them to a new language and expand their horizons!

#### **SPORTS FITNESS & FUN**

Combining fitness with fun, our kids' sports and fitness classes offer an exciting way for children to stay active. Through engaging workouts and playful activities, kids develop physical skills and enjoy a great time with their peers.

# **TAEKWONDO**

Taekwondo for kids combines discipline and fun in an exciting martial arts experience. Through dynamic movements and techniques, children build strength, agility, and confidence while learning respect and focus. It's a fantastic way for young ones to get active and develop important life skills!

# **TINY HOOPS**

This beginner-level program introduces young athletes to the basics of basketball, focusing on fundamental skills like dribbling, passing, and shooting in a supportive and playful environment. Kids will build confidence, teamwork, and a love for the game while developing motor skills and coordination.

#### **YOGA**

A fun and engaging class where children explore yoga poses, breathing techniques, and relaxation exercises. This class helps improve flexibility, balance, and focus while promoting mindfulness and self-expression in a supportive environment.

# **ZUMBA KIDS**

An exciting dance class that gets kids moving and grooving! With upbeat music and easy-to-follow routines, it's a great way for children to stay active, build coordination, and have a fantastic time while dancing to their favorite tunes!

# **CLASS RULES AND GUIDELINES:**