

# YOUTH CLASS SCHEDULE

## February 2025



#Drop-In. No Commitment or Fee. Registration Required Each Week.

\*Registration Fee Required for 10-week Session. Winter Session Began 1/6. No Refunds.

MON	TUE	WED	THURS	FRI	SAT	SUN
<p><b>*MARTIAL ARTS</b>  <b>Ages 4-6</b>                      3:15-4:05PM                      Champions Martial Arts (MP ROOM)</p>	<p><b>*COOKING</b>  <b>Ages 4-13</b>                      5-6PM                      Margarita (MP ROOM)</p>	<p><b>#ZUMBA KIDS</b>  <b>Ages 4-6</b>                      3-3:45PM                      Michelle (CLASSROOM 2)</p>	<p><b>#SPORTS FITNESS &amp; FUN</b>  <b>Ages 6-8</b>                      4-4:50PM                      Brandon (GYMNASIUM)</p>	<p><b>*TINY HOOPS</b>  <b>Ages 4-6</b>                      3-3:45PM                      Thomas (GYMNASIUM)</p>	<p><b>#SPORTS FITNESS &amp; FUN</b>  <b>Ages 6-12</b>                      10:10-11AM                      Brandon (GYMNASIUM)</p>	<p><b>#AMERICAN SIGN LANGUAGE (ASL)</b>  <b>Ages 6-8</b>                      12-12:50PM                      Alina (CLASSROOM 1)</p>
<p><b>*MARTIAL ARTS</b>  <b>Ages 7-9</b>                      4:15-5:05PM                      Champions Martial Arts (MP ROOM)</p>	<p><b>#PICKLEBALL OPEN PLAY</b>  <b>Ages 7-9</b>                      4-4:50PM                      CINDY/SHAWN (GYMNASIUM)</p>	<p><b>#YOGA</b>  <b>Ages 6-8</b>                      4-4:45PM                      Marja (CLASSROOM 2)</p>	<p><b>#SPORTS FITNESS &amp; FUN</b>  <b>Ages 9-13</b>                      5-5:50PM                      Brandon (GYMNASIUM)</p>	<p><b>*ARTS &amp; CRAFTS</b>  <b>Ages 4-6</b>                      3-4PM                      Ms. Vickie (CLASSROOM 1)</p>	<p><b>#BALLROOM DANCE</b>  <b>Ages 4-7</b>                      12-12:50PM                      Eugene (CLASSROOM 2)</p>	<p><b>#AMERICAN SIGN LANGUAGE (ASL)</b>  <b>Ages 9-13</b>                      1-1:50PM                      Alina (CLASSROOM 1)</p>
<p><b>*CHESS &amp; STEM</b>  <b>Ages 7-9</b>                      4:30-5:20PM                      Mr. Moy (CLASSROOM 1)</p>	<p><b>#PICKLEBALL OPEN PLAY</b>  <b>Ages 10-15</b>                      5-5:50PM                      CINDY/SHAWN (GYMNASIUM)</p>	<p><b>#YOGA</b>  <b>Ages 9-13</b>                      5-5:45PM                      Marja (CLASSROOM 2)</p>	<p><b>#DANCE FUSION</b>  <b>Ages 4-6</b>                      4:15-5:05PM                      Daniel (CLASSROOM 2)</p>	<p><b>*ARTS &amp; CRAFTS</b>  <b>Ages 7-9</b>                      4:15-5:15PM                      Ms. Vickie (CLASSROOM 1)</p>	<p><b>#BALLROOM DANCE</b>  <b>Ages 8-13</b>                      1-1:50PM                      Eugene (CLASSROOM 2)</p>	<p><b>*BALLET</b>  <b>Ages 4-7</b>                      1-2PM                      Lillian (CLASSROOM 2)</p>
<p><b>*CHESS &amp; STEM</b>  <b>Ages 10-15</b>                      5:30-6:20PM                      Mr. Moy (CLASSROOM 1)</p>			<p><b>#DANCE FUSION</b>  <b>Ages 7-12</b>                      5:15-6:05PM                      Daniel (CLASSROOM 2)</p>	<p><b>*ARTS &amp; CRAFTS</b>  <b>Ages 10-15</b>                      5:30-6:30PM                      Ms. Vickie (CLASSROOM 1)</p>	<p><b>*DRAMA</b>  <b>Ages 8-13</b>                      2-3PM                      Tom (CLASSROOM 2)</p>	

For descriptions, levels, and to register for all classes, download our mobile app. Registration link opens one week prior to each class.



**SIGN UP ON OUR APP!**

# CLASS DESCRIPTIONS

## AMERICAN SIGN LANGUAGE

Students will be introduced to the fundamentals of American Sign Language (ASL). Learning ASL can improve memory, concentration, problem-solving skills, and social skills.

## ARTS & CRAFTS

Dive into creativity with hands-on projects that explore various art techniques. Kids will enjoy making colorful crafts, experimenting with materials, and developing their artistic skills in a fun and imaginative setting.

## BALLROOM DANCE

This class cater to everyone, from beginners to experienced dancers. All ballet classes for kids focus on creativity and expression, helping them discover their passion for dance.

## CHESS & STEM

Introduce your child to the strategic world of chess! Our classes focus on teaching the fundamentals of chess, enhancing problem-solving skills, and encouraging critical thinking in a fun, engaging environment.

## COOKING

Kids explore different cultures, develop fine motor skills, and expand their culinary knowledge through hands-on cooking activities.

## DRAMA

Kids dive into the world of performing arts through imaginative drama exercises and scene work. It's a fun way to build confidence, express themselves, improve public speaking, and develop team building skills while enjoying the excitement of the stage!

## ITALIAN LANGUAGE

Discover the beauty of the Italian language with our engaging Italian language classes for kids! Through interactive lessons and fun activities, children will learn to speak, read, and write in Italian while exploring Italian culture. It's a great way to introduce them to a new language and expand their horizons!

## SPORTS FITNESS & FUN

Combining fitness with fun, our kids' sports and fitness classes offer an exciting way for children to stay active. Through engaging workouts and playful activities, kids develop physical skills and enjoy a great time with their peers.

## TINY HOOPS

This beginner-level program introduces young athletes to the basics of basketball, focusing on fundamental skills like dribbling, passing, and shooting in a supportive and playful environment. Kids will build confidence, teamwork, and a love for the game while developing motor skills and coordination.

## YOGA

A fun and engaging class where children explore yoga poses, breathing techniques, and relaxation exercises. This class helps improve flexibility, balance, and focus while promoting mindfulness and self-expression in a supportive environment.

## ZUMBA KIDS

An exciting dance class that gets kids moving and grooving! With upbeat music and easy-to-follow routines, it's a great way for children to stay active, build coordination, and have a fantastic time while dancing to their favorite tunes!

## CLASS RULES AND GUIDELINES:

01. Please make an online reservation in our mobile app. Class Schedule may change: check for updates regularly.

Please bring your own towel, yoga mat, and water bottle.

02.