# YOUTH CLASS SCHEDULE **March 2025**



#Drop-In. No Commitment or Fee. Registration Required Each Week.

\*Registration Fee Required for 10-week Session. Winter Session Began 1/6. No Refunds.

MON	TUE	WED	THURS	FRI	SAT	SUN
*MARTIAL ARTS Ages 4-6 3:15-4:05PM Champions Martial Arts (MP ROOM)	*COOKING Ages 4-13 5-6PM Margarita (MP ROOM)	#ZUMBA KIDS Ages 4-6 3-3:45PM Michelle (CLASSROOM2)	#SPORTS FITNESS & FUN Ages 6-8 4-4:50PM Brandon (GYMNASIUM)	*TINY HOOPS Ages 4-6 3-3:45PM Thomas (GYMNASIUM)	#SPORTS FITNESS & FUN Ages 6-12 10:10-11AM Brandon (GYMNASIUM)	#AMERICAN SIGN LANGUAGE (ASL) Ages 6-8 12-`12:50PM Alina (CLASSROOM 1)
*MARTIAL ARTS Ages 7-9 4:15-5:05PM Champions Martial Arts (MP ROOM)	#PICKLEBALL OPEN PLAY Ages 7-9 4-4:50PM CINDY/SHAWN (GYMNASIUM)	#YOGA Ages 6-8 4-4:45PM Marja (CLASSROOM 2)	#SPORTS FITNESS & FUN Ages 9-13 5-5:50PM Brandon (GYMNASIUM)	#HIP HOP DANCE Ages 4-6 4-4:50PM Daniel (CLASSROOM 2)	#BALLROOM DANCE Ages 4-7 12-12:50PM Eugene (CLASSROOM 2)	#AMERICAN SIGN LANGUAGE (ASL) Ages 9-13 1-1:50PM Alina (CLASSROOM 1)
*CHESS & STEM Ages 7-9 4:30-5:20PM Mr. Moy (CLASSROOM 1)	#PICKLEBALL OPEN PLAY Ages 10-15 5-5:50PM CINDY/SHAWN (GYMNASIUM)	#YOGA Ages 9-13 5-5:45PM Marja (CLASSROOM 2)		#HIP HOP DANCE Ages 7-12 5-5:50PM Daniel (CLASSROOM 2)	#BALLROOM DANCE Ages 8-13 1-1:50PM Eugene (CLASSROOM 2)	*BALLET Ages 4-7 1-2PM Lillian (CLASSROOM 2)
*CHESS & STEM Ages 10-15 5:30-6:20PM Mr. Moy (CLASSROOM 1)				*ARTS & CRAFTS Ages 4-6 3-4PM Ms. Vickie (CLASSROOM 1)	*DRAMA Ages 8-13 2-3PM Tom (CLASSROOM 2)	
				*ARTS & CRAFTS Ages 7-9 4:15-5:15PM Ms. Vickie (CLASSROOM 1)		
				*ARTS & CRAFTS Ages 10-15 5:30-6:30PM Ms. Vickie (CLASSROOM 1)		

For descriptions, levels, and to register for all classes, download our mobile app. Registration link opens one week prior to each class.



SIGN UP ON OUR APP!







## **CLASS DESCRIPTIONS**

#### AMERICAN SIGN LANGUAGE

Students will be introduced to the fundamentals of American Sign Language (ASL). Learning ASL can improve memory, concentration, problem-solving skills, and social skills.

#### **ARTS & CRAFTS**

Dive into creativity with hands-on projects that explore various art techniques. Kids will enjoy making colorful crafts, experimenting with materials, and developing their artistic skills in a fun and imaginative setting.

#### **BALLROOM DANCE**

This class cater to everyone, from beginners to experienced dancers. All ballet classes for kids focus on creativity and expression, helping them discover their passion for dance.

#### **CHESS & STEM**

Introduce your child to the strategic world of chess! Our classes focus on teaching the fundamentals of chess, enhancing problem-solving skills, and encouraging critical thinking in a fun, engaging environment.

#### COOKING

Kids explore different cultures, develop fine motor skills, and expand their culinary knowledge through hands-on cooking activities.

#### **DRAMA**

Kids dive into the world of performing arts through imaginative drama exercises and scene work. It's a fun way to build confidence, express themselves, improve public speaking, and develop team building skills while enjoying the excitement of the stage!

#### **ITALIAN LANGUAGE**

Discover the beauty of the Italian language with our engaging Italian language classes for kids! Through interactive lessons and fun activities, children will learn to speak, read, and write in Italian while exploring Italian culture. It's a great way to introduce them to a new language and expand their horizons!

#### **SPORTS FITNESS & FUN**

Combining fitness with fun, our kids' sports and fitness classes offer an exciting way for children to stay active. Through engaging workouts and playful activities, kids develop physical skills and enjoy a great time with their peers.

#### **TINY HOOPS**

This beginner-level program introduces young athletes to the basics of basketball, focusing on fundamental skills like dribbling, passing, and shooting in a supportive and playful environment. Kids will build confidence, teamwork, and a love for the game while developing motor skills and coordination.

#### **YOGA**

A fun and engaging class where children explore yoga poses, breathing techniques, and relaxation exercises. This class helps improve flexibility, balance, and focus while promoting mindfulness and self-expression in a supportive environment.

#### **ZUMBA KIDS**

An exciting dance class that gets kids moving and grooving! With upbeat music and easy-to-follow routines, it's a great way for children to stay active, build coordination, and have a fantastic time while dancing to their favorite tunes!

### **CLASS RULES AND GUIDELINES:**

Please make an online reservation in our mobile app. Class Schedule may change: check for updates regularly.