

# GYMNASIUM HOURS

IN EFFECT 5/6/2025

## Monday

ADULT PICKLEBALL OPEN COURT	9:00AM - 2:00PM
BASKETBALL OPEN COURT	2:00PM - 5:00PM
YOUTH BASKETBALL CLINIC	5:00PM - 7:45PM

## Tuesday

BASKETBALL OPEN COURT	10:00AM - 3:00PM
YOUTH PICKLEBALL CLINIC	3:30PM - 5:20PM
MET CON STRENGTH	6:00PM - 7:00PM
ADULT PICKLEBALL OPEN COURT	7:15PM - 9:50PM

## Wednesday

ADULT PICKLEBALL OPEN COURT	10:00AM - 2:00PM
BASKETBALL OPEN COURT	2:00PM - 4:00PM
YOUTH BASKETBALL CLINIC	4:00PM - 8:15PM

## Thursday

ADULT PICKLEBALL OPEN COURT	12:00PM - 4:00PM
YOUTH SPORTS FITNESS CLASS	4:00PM - 5:30PM
MET CON STRENGTH	6:00PM - 7:00PM
ADULT BASKETBALL OPEN COURT	7:15PM - 9:50PM

## Friday

BASKETBALL OPEN COURT	12:00PM - 3:00PM
TINY HOOPS	3:00PM - 3:45PM
YOUTH BASKETBALL CLINIC	4:00PM - 8:15PM

## Saturday

<i>FITCULTURE</i>	9:00AM - 10:00AM
YOUTH SPORTS FITNESS CLASS	10:10AM - 11:00AM
BASKETBALL OPEN COURT	11:00AM - 3:00PM
YOUTH VOLLEYBALL CLINIC	3:15PM - 6:00PM

## Sunday

ADULT PICKLEBALL OPEN COURT	8:15AM - 11:15AM
YOUTH PICKLEBALL CLINIC	11:30AM - 12:45PM
BASKETBALL OPEN COURT	1:00PM - 4:50PM

Please be advised that during Open Court hours for Pickleball, Volleyball, and Basketball, **NO INSTRUCTORS OR LESSONS** will be available. If you are new to these sports, we highly recommend participating in a clinic or class beforehand to become acquainted with the basics before joining open court sessions.